



# WELCOME

3rd edition of the  
**Nordic Facial Nerve Meeting**  
Uppsala, Sweden  
7-8 december 2023



AKADEMISKA  
SJUKHUSET

# Conference chairs



**Andres Rodriguez Lorenzo**



**Camilla Ekwall**



# Speakers

## Thursday, 7 December



**Catriona Neville** (UK)



**Achmed Pirscher** (Swe)



**Sarah Kilcoyne** (UK)



**Anna Rostedt Punga** (Swe)



**William Townley** (UK)



**Villiam Vejbrink Kildal** (Swe)



# Online speakers

## Thursday, 7 december



Shai Rozen (USA)



Gregory Borschel (USA)



Matthew Hotton (UK)



# Thursday

11:00-12:00 Registration and Lunch

12:00 *Welcome to the Nordic Facial Nerve Meeting*

12:15-12:45 “Individualized evidence-based approach to specialist facial therapy in Facial Paralysis” Speaker: **Catriona Neville**, Extended Scope Practitioner Physiotherapist specializing in Facial Palsy, the Queen Victoria Hospital NHS Foundation Trust; East Grinstead, UK

12:45-12:50 Q & A

12:50-13:10 “Smile Reanimation in Long Standing Facial Paralysis: The Role of Dual Innervation” \* *online*

Speaker: **Dr. Shai Rozen**, Professor and Vice-Chair, Department of Plastic and Reconstructive Surgery UT Southwestern Medical Center, Dallas, USA

13:10-13:15 Q & A

13:15-13:35 “Facial Reanimation in Congenital Facial Paralysis” \**online*

Speaker: **Dr. Gregory Borschel**, Chief of Plastic Surgery , Riley Hospital for Children, Indianapolis, USA

13:35-13:40 Q & A

13:40-14:00 “Facial Rehabilitation in the Paediatric Population: Considerations for Management”

Speaker: **Sarah Kilcoyne**, Specialist Speech and Language Therapist Oxford Facial Palsy Clinic, John Radcliffe Hospital, Oxford, UK

14:00-14:05 Q & A

14:05-14:25 “Oculoplastic Considerations in the Management of the Paretic Eye”

Speaker: **Dr. Achmed Pircher**, Consultant, Uppsala University Hospital, Sweden

14:25-14:30 Q & A

14:30-15:00 Coffee Break

# Thursday

## 15:00-15:20 “Management of Facial Synkinesis with Neurectomies”

Speaker: **Dr. William Townley**, Consultant Plastic Surgeon, Guy’s & St. Thomas NHS Trust Hospitals, London, UK

15:20-15:25 Q & A

## 15:25-15:45 “Keeping up appearances: Don’t frown upon the effects of botulinum toxin”

Speaker: **Dr. Anna Rostedt Punga**, Professor of Clinical Neurophysiology, Uppsala University Sweden.

15:45-15:50 Q & A

## 15:50-16:10 “Psychological Considerations in the Management of Patients with Facial Paralysis” *\*online*

Speaker: **Dr. Matthew Hotton**, Clinical Psychologist, Oxford Health NHS Foundation Trust , University of Oxford, UK.

16:10-16:15 Q & A

## 16:15-16:35 “Botulinum Toxin Injections and The Training Cycle for Management of Facial Synkinesis”

Speaker: **Dr. Andres Rodriguez Lorenzo**, plastic surgeon and Head of Department for the Department of Plastic and maxillofacial Surgery, and **Camilla Ekwall**, Physical Therapist, member of Facial Palsy Team, Uppsala University Hospital, Uppsala, Sweden

16:35-16:40 Q & A

## 16:40-17:00 “Ultrasound-Guided Applications in Facial Synkinesis: Preclinical Studies”

Speaker: **Dr. Villiam Vejbrink Kildal**, PhD Student, Department of Plastic and Maxillofacial Surgery, Uppsala University Hospital, Sweden

17:00-17:05 Q & A

## 19:00 Conference Dinner

Place: **Norrlands Nation**, Västra Ågatan 14, Uppsala



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# Speakers

## Friday, 8 December



**Luis Lassaletta Atienza** (Spa)



**Elin Marsk** (Swe)



**Mette Wothers** (Den)



**Nina Bylund** (Swe)



**William Townley** (UK)



# Online speakers

## Friday, 8 December



**Alexander Cardenas** (Mex)



**Mara Robinson** (USA)



**Jackie Diels** (USA)



**Nate Jowett** (USA)





# Friday

**8:50. Welcome (Coffee and Tea available from 8:30)**

**9:00-9:30** Lars Jonsson Lecture: **“The Role of Combined Nerve Transfers in Facial Reanimation: the perspective of a Facial Nerve Unit”**: Speaker: **Dr. Luis Lassaletta Atienza**, Department of Otolaryngology, Facial Paralysis Unit, Hospital La Paz, Madrid, Spain

9:30-9:35 Q & A

**9:35-10:50 “Facial Nerve Reconstruction in Oncological Patients”**

-**The London Experience**, Speaker: **Dr. William Townley**, Consultant Plastic Surgeon, Guy’s & St. Thomas NHS Trust Hospitals, London, United Kingdom

-**The Copenhagen Experience**, Speaker: **Dr. Mette Wolthers**, Consultant Plastic Surgeon, Department of Plastic and Reconstructive Surgery, Rigshospitalet, Köpenhamn, Denmark.

-**The Uppsala Experience**, Speaker: **Dr. Andres Rodriguez Lorenzo**, Plastic Surgeon, Facial Palsy Team Uppsala University Hospital, Uppsala, Sweden

-**The Madrid Experience**, Speaker: **Dr. Luis Lassaletta Atienza**, Department of Otolaryngology, Facial Paralysis Unit, Hospital La Paz, Madrid, Spain

10:50-11:00 Q & A

**11:00-12:00 Lunch**

**12:10-12:40** Lecture: **“Temporalis Muscle Transfer for Long Standing Facial Paralysis”**

Speaker: **Dr. Mette Wolthers**, Consultant Plastic Surgeon, Department of Plastic and Reconstructive Surgery, Rigshospitalet, Köpenhamn, Denmark.

12:40-12:50 Q & A

**12.50-13:25** Lecture: **“Free Muscle Transfer for Smile Reanimation”** *\*online*

Speaker: **Dr. Nate Jowett**, Otolaryngology-Head and Neck Surgery, Harvard Medical School, and Facial Nerve Center, Massachusetts Eye and Ear Infirmary, Boston, USA

13:25-13:30 Q & A

# Friday

**13:30-14:10 "Facial Rehabilitation following Smile Reanimation: Achieving an Effortless Smile." \*online**

Speaker: **Mara W. Robinson**, Physical Therapist, Facial Nerve Center, Massachusetts Eye and Ear Infirmary, Boston, USA

14:10-14:15 Q & A

**14:15-14:35 "Quality of Life in Bell's Palsy: Correlation with Sunnybrook and House-Brackman Over time".** Speaker: **Dr. Nina Bylund**, Facial Palsy Team and Department of Otolaryngology, Uppsala University Hospital, Uppsala Sweden

14:35-14:40 Q & A

**14:40-15:10 Coffee Break**

**14:50-15:10 "Bell's Palsy in Pregnancy and Postpartum: A Retrospective Case-Control Study of 182 Patients".** Speaker: **Elin Marsk**, Senior Consultant, Department of Otolaryngology, Karolinska University Hospital, Stockholm Sweden

15:10-15:15 Q & A

**15:15-15:35 "Facial Paralysis Rehabilitation: What is next?" \*online**

Speaker: **Jackie Diels**, Occupational Therapist, University of Wisconsin Hospital, Wisconsin, USA

15:35-15:40 Q & A

**15:40-16:00 Lecture: "Triple Nerve Transfers for Reconstruction of the Facial Nerve" \*prerecorded**

Speaker: **Dr. Alexander Cardenas**, Consultant, Department of Plastic and Reconstructive Surgery, Hospital Gea Gonzalez, Mexico.

16:00-16:05 Q & A with Dr. José Telich, Plastic and Reconstructive Surgeon, Angeles Pedregal Hospital, Mexico

**16:05-16:30 Closing Remarks**

